

GRATITUDE CALENDAR

1st	2nd	3rd	4th	5th	6th	7th
						
			● Talk to someone you are really grateful for.	●	● Treat someone to a coffee.	●
● Take a day to do something nice for yourself.	●	● Help a person in need.	●	● Collect all the children to plan for the party.	●	● Do something nice for a neighbor.
●	● Organize a meal for a loved one.	●	● Talk a colleague something you really appreciate about them.	●	● Send the love for a stranger.	●
● Watch the movie.	●	● Invite someone to a friend.	●	● Send a text with love for a loved one.	●	● Enjoy Christmas with your family/friends.
●	● Give a stranger a compliment.	●	● Go to the beach without your toes in the sand.	●	● Make a list of things you're grateful for in 2021.	●



DEC
2021